





#### **BERRY HILL SIGNATURE MASSAGE**

50 or 80 minutes

The ultimate massage at Berry Hill Spa. Warm stones added to a therapeutic massage to relieve sore muscles and tension. A shea butter cream lotion is applied for a vitamin enriched, soothing and aromatic experience.

#### **SWEDISH MASSAGE**

25, 50 or 80 minutes

This classic massage style uses soothing, relaxing strokes to promote balance and body harmony. Enhances circulation and reduces tension to promote a sense of well being.

#### **DEEP TISSUE / THERAPEUTIC MASSAGE**

25, 50 or 80 minutes

Ideal for relief of sore muscle aches and lack of mobility. A combination of range of motion movements and assisted stretching.

Enhance your massage experience:

- Shea butter back scrub with soothing warm towels
- Sinus soother
- Cranial massage

## **HEALING WATERS FOOT SPA**

30 minutes

The health benefits of copper are well known. Soaking feet in a copper bowl can help achieve a healthier immune system as well as help with joint pain and arthritis. A lavender hibiscus mineral salt is added to silken the warm water to ease muscle aches. Hot stones for detoxifying and a soothing shea butter foot and leg massage.

# CITRUS GRASS CACTUS FIRMING BODY TREATMENT

80 minutes

Begin with a dry brushing technique that stimulates circulation, followed by a pore refining citrus sea salt scrub to renew skin cell metabolism. Then cocoon in a warming cactus toning gel to provide firmness and improved elasticity for your skin. Finished with a softening and hydrating shea butter cream.

# SHEA SUGAR GLOW BODY TREATMENT

50 minutes

Indulge with a micro fine crystal sugar scrub to create smooth and silky skin. Finished with aromatics of lavender and mint julip shea butter cream to improve skin's texture and hydration.

# CACTUS TONING WITH AGAVE NECTAR BODY TREATMENT

50 minutes

Warming and firming treatment with added agave nectar oil for a hint of scent and glistening hydration.

## **BERRY HILL SIGNATURE FACIAL**

50 or 80 minutes

Illuminating and brightening facial beginning with a green tea coconut milk wash, gentle sugar exfoliation and a firming pro vitamin A turmeric mask is applied for a radiant glow. Finished with an advanced peptide firming moisturizer.

#### REFRESHER FACIAL

25 minutes

Deep cleansing and hydrating for a youthful glow. Wonderful is combined with a makeup application for your special event.

#### **GENTLEMAN'S FACIAL**

50 minutes

Formulated specifically men, with relaxing, circulatory and anti-aging massage techniques.

Enhance your facial experience:

- Decollete refining and firming treatment
- AHA and Glycolic hand facial
- Destress cooling eye treatment
- Shea Sugar lip treatment

#### REFRESHER MANICURE

25 minutes

Lavender Hibiscus mineral soak, nail maintenance, light massage and OPI polish.

#### **BERRY HILL SPA MANICURE**

50 minutes

Nectar milk soak, nail maintenance, honeysuckle extract anti inflammatory sugar scrub, AHA mask and nectar infused hot towels, shea butter massage and OPI polish.

# REFRESHER PEDICURE

25 minutes

Lavender Hibiscus mineral soak, nail maintenance, light massage and OPI polish.

# **BERRY HILL SPA PEDICURE**

50 minutes

Nectar milk soak, nail maintenance, honeysuckle extract sugar scrub, honey heel glaze treatment. Lavender and mint julip shea butter massage.

# **BERRY HILL BLISS ULTIMATE PEDICURE**

80 minutes

Lavender Hibiscus mineral soak, nail maintenance, shea sugar scrub, honey heel glaze treatment, AHA mask with nectar infused hot towels, agave nectar oil massage, individual lavender paraffin and OPI polish.

## **WAXING SERVICES**

Our waxing services ensure the smoothest results possible while maintaining the highest sanitation standards. Please see pricing sheet for specific pricing per area.

## LASH AND BROW TINTING

Tinting is the quickest way to achieve a thicker, natural-looking lashes and brow. Our spa professional will mix up the dye right before application and apply to your brow and/or lashes with a small brush.

# **WEDDINGS & SPECIAL EVENTS**

We offer special event and wedding day hair and makeup services. Please see our spa professionals for a beauty consult and to book your appointment.